

SHAREABLES

Quesadilla Wedges — \$14

Flour Tortilla / Southwest Cheese / Peppers / Onions / Salsa / Sour Cream
Chicken \$6 Shrimp \$7

Parmesan Halloumi Fries — \$14

Halloumi Cheese / Parmesan Spiced Flour / Hot Honey Glaze

General Tao Chicken Bites— \$16

Crispy Boneless Chicken Bites / General Tao Sauce / Green Onions
/ Roasted Sesame Seeds

Half Baked — \$16

Grilled Marinated Shrimp / Mozzarella / Garlic Butter / Crostini

Nachos Grande — \$16

Corn Tortillas / Peppers / Onions / Olives / Jalapeños / Tomatoes /
Chipotle Crema / Sour Cream / Salsa
Chicken \$6 Ground Beef \$7

Wings 1Lb / 2Lb — \$18/\$29

HAND - WEDGES

Choice of Fresh Cut Fries, Garden Salad or Soup

Tonkatsu Chicken Bao Buns(3) — \$23

Crunchy Chicken / Tonkatsu Sauce / Slaw / Chipotle Mayonnaise /
Steamed Bao Buns

The Montrealer — \$18

Smoked Meat / Marbled Rye Bread / Mustard / Coleslaw / Pickle
Spear

Halloumi Burger — \$19

Seared Halloumi Cheese / Lettuce / Tomatoes / Onions / Smoked
Tomato Mayonnaise / Brioche Bun

The Cuban — \$16.5

Double Smoked Pork Belly / Sliced Ham / Swiss Cheese / Sliced
Pickles / Keith's Beer Mustard / Panini Bread

French Connection — \$18

Sliced Roast Beef / Guinness Caramlized Onions / Dijonnaise / Swiss
Cheese / Toasted Baguette / Beef Dip

Beef Short Rib Tacos(2) — \$19

Grilled Cheese Flour Tortilla / Braised Boneless Short Rib / Fresh
Pickled Jalapeño & Onions / Chimichurri Crema

Club Wedge — \$18

Grilled Chicken / Bacon / Lettuce / Tomato / Toasted Herb Bun /
Parmesan Aioli

THE GREENS

Garden — \$9/14

Arcadian Greens / Tomatoes / Carrots / Cucumber / Red Onion /
Bell Peppers

Caesar — \$11/17

Crisp Romaine / Parmesan Croutons / Bacon / Parmesan / Caesar
Vinaigrette
Chicken \$6 Shrimp \$7

Asian BBQ Pork Belly Bowl — \$19

Grilled Korean BBQ Smoked Pork Belly / Steamed Rice /
Cucumbers / Carrots / Peppers / Pickled Onions / Spicy Japanese
Mayonnaise / Furikake Rice Seasoning

Traditional Greek Salad — \$11/17

Tomatoes / Onions / Cucumbers / Bell Peppers / Kalamata Olives /
Feta Cheese / Greek Dressing
Chicken \$6 Grilled Shrimp \$7

Halloumi Chickpea Tikka Masala — \$17

Halloumi Chickpea Tikka Masala / Basmati Rice / Baby Spinach /
Fresh Pickled Jalapeño & Onions / Tomatoes / Cucumbers /
Cilantro Crema / Naan Croutons

ROCKLAND CLASSICS

Chamberland Burger — \$20

7oz. Smashed Patty / Bacon / Cheddar Cheese / Lettuce / Tomato /
Sliced Pickle / Onion / Toasted Bun / Mack Sauce

Chicken Fingers — \$16

Golden Chicken Fingers / Plum Sauce / Choice of Side
Toss in Sauce \$1

Buffalo Chicken Wrap — \$18

Flour Tortilla / Crispy chicken / Frank's Hot Sauce / Shredded
Cheese / Lettuce / Tomatoes / Ranch / Choice of Side

Fish 'n' Chips — \$19

Beer Battered Haddock / Tartar Sauce / Coleslaw / Lemon / French
Fries

Poutine — \$15

Fresh Cut Fries / Cheese Curds / House Gravy
Buffalo Chicken Tenders \$5

Hamburger Steak — \$22

9oz. Smashed Ground Beef Patty / Mushrooms / Onions / Gravy /
Choice of Side

MAIN BILL OF FARE

Pan Roasted Cajun Basa Filet— \$21

Cajun Spiced Basa Filet / Sauteed Vegetables / Tender
Greens / Orange Dill Butter Sauce

BUT-our-CHICKEN — \$24

Crispy Buttermilk Chicken / Makhani Sauce / Basmati Rice / Fresh
Marinated Red Onions & Jalapeños / Mixed Vegetables / Grilled
Naan Bread / Cilantro Crème Fraîche

Boneless Beef Short Rib— \$31

Grilled & Braised Boneless Beef Short Rib/ Yukon Gold Mashed
Potatoes / Mixed Vegetables / Caramlized Onion Guinness Demi-Glaze

Featured Pasta — \$MP

Please ask your server for details

Sweet & Sour Stir Fry— \$25

Bell Peppers / Carrots / Onions / Broccoli / Zucchini / Steamed Rice
/ Sweet & Sour Sauce
Chicken / Shrimp / Halloumi

UPGRADES

Sour Cream - \$2	Chicken - \$6
Gravy - \$2.5	Onion Rings - \$4
Bacon - \$4	Caesar Salad - \$4
Poutine - \$6	Cheese - \$2
Mashed Potatoes- \$3	Aioli/Mayo/Sauce - \$1.5
Sweet Potatoes - \$4	